



## SUPPLY LIST

# Painting Interiors & Environments

PLEASE HAVE EVERYTHING READY TO GO ON THE FIRST DAY OF CLASS

## Brushes

- Bristles: Flats, Filberts, and Rounds. I suggest Robert Simmons 'Signet' bristles, good quality and reasonably priced. If cared for, these Signets will last you for a long time. You should have at least a #2, 4, 8, and 12 of the flats or filberts.
- Soft brushes: I also like soft brushes like white synthetics, or sables if you have the means. I use small flats(2, 4), larger filberts(8, 10), and a couple of small rounds (0, 2) that have a sharp point for details. I also usually have a large, sharp round(12) great for early sketching in of details and masses. Basically a variety!

## Canvas

Please purchase either of the following:

a) I recommend these smooth panels made by Blick. I believe they carry them in the Blick store in West LA and Santa Monica.

b) If you prefer a canvas surface, an oil primed 16x20" canvas board like these Centurion ones at Jerry's <https://www.jerrysartarama.com/centurion-deluxe-oil-primed-linen-panels>

Prior to class, tone canvas (or panel) with warm earth tones- a little yellow ochre, and raw umber works well— put a very small amount on your panel, as well a bit of your painting medium and a little splash of Gamsol. Rub it in with a rag (not a paper towel-we don't want lint!) so it thinly covers the surface and will dry quickly. Make sure to tone canvas/panel a day or two beforehand so it will be dry before class starts. We can also do a quick tone in class and work into that! Here is a video of me toning a panel-

<https://www.youtube.com/watch?v=z327uUyBiVo>

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## **Paints**

We will use a limited palette. Avoid student grade paint if you can— Good options are: Gamblin, Windsor & Newton, Holbein, Rembrandt, Williamsburg, Old Holland or any decent quality oil paints will work. Gamblin may be the best quality vs. cost. (Also great are Michael Harding and Rublev, but they are tougher to come by.)

Required limited palette:

- White: Titanium works well. Or Lead if you prefer.
- Burnt Umber and/or Raw Umber
- Yellow Ochre
- Cadmium Red Light
- Burnt Sienna or other earth red of your choice.
- Cadmium Yellow Light
- Cobalt or Ultramarine Blue
- Ivory or Mars Black

\*Also useful for me are 3 grays made by Gamblin called Portland Grey Light/Medium/Deep as well as Old Holland's Scheveningen Warm Gray as a 4th value of dark gray. They are completely optional but very useful for painting with neutrals and learning temperature control.

## **Palette**

One natural wooden palette or glass palette, or if you want to use a paper palette look for one the new gray style ones. You can see tones much better on a toned surface like wood, or glass with some grey or brown paper beneath it. Make sure you season your wood palettes (by rubbing oil into it and letting dry. Repeat). On your wood palette, always wipe clean the mixing

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area after painting so it remains smooth. We will be mixing with palette knives on your palette, and paper palettes might tear with use, FYI.

## Other supplies

- A small mirror - From a compact, or a plastic one with a handle to check your painting and the model from life. BRING TO CLASS! You can get this at the grocery or drug store. If Leonardo needed one, you do too.
- Palette Knives – Two, REQUIRED! - Both medium sized, and in good shape. Check the blade to make sure it is not bent or nicked. One diamond and one elongated diamond shapes are best. You'll NEED these for pre mixing colors.
- Medium - Pre-mixed mediums are fine. I like *Gamblin's Solvent-Free Fluid, M.* *Graham's Walnut Alkyd Medium,* *Natural Pigments Oleogel* is a new favorite, or simply Linseed oil and Gamsol mixed 1:1. Currently I'm using Stand Oil and Gamsol mixed 1:1. If you already have a medium you like and works, use it. You just need something to make your paints flow that is has some binder in it. If this is confusing, I will help you find a medium.
- A Medium Cup - either glass or small clip-on cup for wood palette - One which screws closed is helpful.
- A Turp Jar - For turpentine substitute a glass Silicoil jar works well or a metal brush washer with a locking lid -- And please use Gamsol OMS. If solvents bother you, one can use simple linseed oil to clean your brush.
- Rags - Lint free cloth—like cut up old t-shirts or torn sheets work great. As for paper towels—I use shop towels (the blue ones) or Viva paper towels.